



Gymnastics

New South Wales

GYMNASTICS NSW

SOUTH COAST REGION

REGIONAL BYLAWS

1. Jurisdiction

- a. The South Coast Gymnastics Regional Bylaws apply to all regional activities and events, all regional position holders, and all regional meetings.

2. Duration

- a. The South Coast Regional Bylaws will commence January 2004 and will remain effective until amendments to the Gymnastics NSW Constitution mean that the Bylaws are superseded or no longer applicable.

3. Access

- a. All gymnastics clubs that are located within the South Coast region boundary must be provided a current and up to date copy of the bylaws.

4. Conflict with Gymnastics NSW Rules and Regulations.

- a. In the event that a Region Bylaw conflicts with a Gymnastics NSW rule or regulation the Region Bylaw will be declared null and void.

5. Competitions

i. Entry Fee

- a. Determining the price of the entry fee for gymnasts to compete in a regional competition or event is the responsibility of the Regional Operating Committee. The entry fees for all Regional competitions and events must be recorded in the minutes of the meeting that the decision was made.
- b. A decision to increase or decrease the competition entry fee may be made at a meeting of the Regional Operating Committee by a simple majority of votes of the voting delegates present at that meeting, provided all other meeting requirements are met.

ii. Competition Entries

- a. Entries from a club that is not an affiliate member of Gymnastics NSW will not be accepted.
- b. Only gymnasts that are registered with Gymnastics NSW are permitted to participate in regional competitions or events. It is the responsibility of the gymnasts club to ensure that every gymnast from their club is registered prior to entering an event.
- c. Prior to an event or competition entry forms must be sent to every affiliate club within the region. The entry form for a competition or event must include;
 - i. The date of the competition or event,
 - ii. The time of the competition or event,
 - iii. The location of the competition or event,
 - iv. The due date for entries to a competition or event (if applicable),
 - v. If applicable, the mailing address to which competition entries must be sent.
- d. Entries that have not been received at the necessary mailing address before, or on, the due date for receipt of the entry will not be accepted.

- e. The mailing address to which competition entries must be sent must include a postal address. A web address may be included however the web address may not be included as a replacement for a postal address.
- f. Only typed or clearly hand written entries will be accepted.
- g. Provided all other rules and regulations are satisfied, entries via email will be accepted.
- h. Entries made by telephone will not be accepted.
- i. Provided all other entry rules and regulations are met there is no limit on the number of entries that a club can enter in a competition that is held by the South Coast region.

iii. Payment of entries.

- a. Entries to regional competitions and events may be paid by cash or by cheque made out to "South Coast Region Gymnastics".
- b. Invoices for the number of gymnasts from each club that participated in an event will be sent to clubs after each regional competition or event. Clubs are to pay invoices within 30 days.
- c. Clubs must pay the entry fee for gymnasts that participate in a competition or event. No payment of entry fee is required for a gymnast in the event that the gymnast is entered into a competition or event but does not compete in the competition or event.
- d. Clubs that do not make payment for a regional competition or event will be fined a late fee that must be paid in addition to payment for the competition or event entries. The amount of the late fee is to be recorded in the minutes of a meeting of the Regional Operating Committee.

iv. Awards

- a. The following awards are to be presented at a levels state selection trial or other levels competition with the exception of the South Coast Regional Championships.

Ribbon for 1st, 2nd and 3rd per apparatus.

Certificate for 4th, 5th and 6th per apparatus and overall.

Medal for 1st, 2nd and 3rd Overall

Ribbon for the highest overall score per club attending the competition WAG only.

v. Refund Policy

- a. The region will not refund money regarding payment of entries for a regional competition, state competition, or regional event.

vi. Setting the Date and Selecting a Venue

- a. It is the responsibility of the Regional Operating Committee to set the annual regional calendar.
- b. The annual regional calendar should include the date and venue for regional events and competitions that will be conducted during the year.
- c. The annual regional calendar must be set at a meeting of the Regional Operating Committee. All tenders for a competition must be submitted at this meeting.
- d. Availability and confirmed venue hire charges are sufficient information to constitute a tender.
- e. The date and venue for regional competitions and events must be selected by a simple majority of voting delegates that are present at a meeting pursuant to paragraph 5(vi)(c).

vii. Payment of Judges

- a. The decision to pay judges and all decisions regarding the extent of payment to judges may be made by a simple majority of voting delegates present at a meeting of the Regional Operating Committee.
- b. The 'rates of pay' for judges at regional competitions and events must be recorded in the minutes of the Regional Operating Committee that the decision was made.
- c. Judges payment must be pursuant to the rules and regulations of the Regional Handbook.

viii. Competition Rotations.

- a. The start and finish times of a competition and its sessions are to be determined by the Discipline Coordinator.
- b. The Discipline Coordinator is responsible for determining the competition rotations and for ensuring that this task is performed without bias to a particular club

South Coast Regional Championships

ix. General

- a. Unless stated otherwise the rules and regulations that govern the South Coast Regional Championships are congruent to the rules and regulations of any other regional competition or event.

x. Entries

- a. Entries for the South Coast Regional Championships must be received by the due date on the entry form. This date should be approximately one month before the date set for the South Coast Regional Championships.

xi. Eligibility to attend

- a. For a club to be eligible to enter the South Coast Regional Championships the club must have attended one event or competition that was conducted by the South Coast region in the calendar year of the regional championships that the club wishes to enter.
- b. A club that does not fulfill the criteria specified in paragraph 5(xi)(a) will be eligible to enter the South Coast Regional Championships in the event that a decision is made by a simple majority of votes at a meeting of the Regional Operating Committee to permit the club to enter the competition.
- c. The following gym sports are to be offered at the South Coast Regional Championships. MAG, WAG, RG, ACRO TRAMP and CHEER.
- d. There is no restriction regarding the number of gymnasts that a club can enter in the South Coast Regional Championships provided all other rules and regulations are satisfied.

xii. Awards

- a. The following awards are to be presented at the South Coast Regional Championships.

Small medal for 1st, 2nd and 3rd per apparatus and 1st, 2nd and 3rd per team.

Certificate for 4th, 5th and 6th per apparatus and overall.

Large medal for 1st, 2nd and 3rd Overall

Trophy for 1st place Team.

Ribbon for the highest overall score per club attending the competition. WAG only.

Perpetual trophy and trophy for South Coast Champion Club.

Perpetual Trophy and trophy for MAG highest point score in level 1-3, 4-6 and 7-10.
 Perpetual Trophy and trophy for WAG highest point score in level 1-3A, 1-3B, 4-5 and 6-10.
 Perpetual Trophy and trophy for MAG, WAG, RG, ACRO gymnast of the year.
 Small trophy for gymnasts that are selected to represent NSW at a National Championships.

- b. The following team awards will be presented at the South Coast Regional Championships.

WAG level 1a, 1b, 2a, 2b, 3a, 3b, 4, 5 and 6-10 National Women's Artistic Gymnastics

MAG level 1a, 1b, 1c, 2, 3, 4, 5, 6, and 7-10 Men's Artistic Gymnastics.

South Coast Region Champion Club - each discipline.

- c. Team and individual awards presented at the South Coast Region Regional Championships are junior and senior combined.

xiii. Teams

- a. Levels team size must be comprised of a minimum of 3 gymnasts and a maximum of 6 gymnasts nominated prior to the commencement of the competition.
- b. Levels team awards are determined by summing the top 3 scores per team per apparatus.

xiv. South Coast Champion Club and Other Perpetual Trophies

- a. It is the Regional Supervisor or their delegate's responsibility to determine the South Coast Region Champion Club.
- b. The South Coast Region Champion Club is to be awarded to each discipline. Disciplines however must have at least two competing clubs.
- c. The South Coast Region Champion Club trophy is awarded to the club that attains the highest total points based upon the following point's table.

1 st Team at Regional Championships	3 points
2 nd Team at Regional Championships	2 points
3 rd Team at Regional Championships	1 point

1 st Overall at Regional Championships	3 points
2 nd Overall at Regional Championships	2 points
3 rd Overall at Regional Championships	1 point

- d. The MAG level 1-3, 4-6 and WAG level 1-3, 4-5 highest point score trophy is awarded to the gymnast that attained the highest overall score in a Regional or Gymnastics NSW State Championships (excluding the NSW Country Championships) during the year commencing at the previous Regional Championships and concluding with the current Regional Championships.
- e. The MAG level 7-10 and WAG level 6-10 highest point score trophy is awarded to the gymnast that attained the highest overall score in a Regional Championships, Gymnastics NSW State Championships (excluding Country), or Gymnastics Australia National Championships (excluding National Clubs) during the year commencing at the previous Regional Championships and concluding with the current Regional Championships.
- f. The MAG, WAG, RG and ACRO Gymnast of the year trophy is awarded to the gymnast that attains the highest total points based upon the following points table.

1 st Overall at the NSW State Championships	12 points
2 nd Overall at the NSW State Championships	10 points
3 rd Overall at the NSW State Championships	8 points

1 st Apparatus at the NSW State Championships	3 points
2 nd Apparatus at the NSW State Championships	2 points
3 rd Apparatus at the NSW State Championships	1 points

Selection onto a NSW State team 3 points

Selection onto an Australian team for an International competition 6 points

Points for Overall and Apparatus places at the Australian National Championships (not National Clubs) are congruent to the point's allocation for the NSW State Championships.

- g. The Elite Gymnast of the year trophy is awarded to the gymnast that attains the highest total points based upon the following points table.

1 st Overall at the NSW State Championships	12 points
2 nd Overall at the NSW State Championships	10 points
3 rd Overall at the NSW State Championships	8 points

1 st Apparatus at the NSW State Championships	3 points
2 nd Apparatus at the NSW State Championships	2 points
3 rd Apparatus at the NSW State Championships	1 points

Selection onto a NSW State team 3 points

Selection onto an Australian team for an International competition 6 points

Selection onto Australian team for World championships 50 points

Selection onto Australian team for The Olympics 80 points

Points for Overall and Apparatus places at the Australian National Championships (not National Clubs) are congruent to the point's allocation for the NSW State Championships.

6. Team selection policy

i. Gymnast selection

- a. All teams and individual competitors that represent the region must be selected at the South Coast regional trial as determined by the Regional Operating Committee.
- a. Provided all other requirements are satisfied the gymnasts with the highest overall scores will be selected to fill the regional team.
- b. Gymnasts that have an outstanding balance that is payable to the region are ineligible for selection on a regional team. Payment of outstanding money must be made in full before the trial to select the regional teams and/or individual competitors.
- c. Prior to the announcement of regional representatives the scores of the regional trial or other competition pursuant to paragraph 6(i)(a) must be checked to confirm the results. The scores must be checked by the Regional Discipline Coordinator for the gymnsport from which the team will be selected or the Regional Discipline Coordinators delegate.

- d. Following verification of the competitions results pursuant to 6(i)(d) the results of the competition and the proposed team must be presented to the Regional Operating Committee for approval.
- e. In the event that the Regional Operating Committee approve the proposed team by a simple majority of votes the regional team may be announced.
- f. In the event that following an announcement of regional representatives an error in the results is identified no changes to the announced team is to occur.
- g. Following selection to a team the gymnast must pay the competition entry fee and the uniform fee before they are permitted to represent the South Coast Region at the Regional State Championships.

ii. Coach Selection

- a. Only appropriately accredited coaches are eligible for selection as a regional representative coach.
- b. Team coaches will be selected on a priority basis. First priority will be provided to the club with the highest ranked gymnast. Second priority will be provided to the club that has the greatest number of gymnasts in the team. In the event that two clubs have an equal number of gymnasts in a team and this number represents the greatest number of gymnasts on that team the team coach will be decided upon a points system. Gymnasts are to be allocated points that correspond to the gymnasts rank in the team. Upon summing the points the club that has the lowest total sum will be offered a position as team coach for that team. In the event that one or more of these clubs decides that they do not wish to be team coach for that team the club with the next priority will be offered the position of team coach. Priority in this instance is determined first by the number of gymnasts on the team and second by rank.
- c. In the event that a team is selected to attend the State Championships and no coach nominates for that team then provided all available options have been explored the clubs of the members of that team are to be informed by the discipline coordinator that the entry has been withdrawn and the gymnasts are unable to compete at the State Championships.
- d. A coach has the right to refuse to coach a team, however once appointed as the coach of a South Coast Representative team the coach must coach all gymnasts on the team regardless of their club of origin.

iii. Team Coach Subsidies

- a. In the event that it is decided at a meeting of the Regional Operating Committee that the region will subsidize coaches that represent the region at a state championships then the decision and the extent of the subsidy must be recorded in the minutes of that meeting. A decision can be made by a simple majority of votes of voting delegates at that meeting.

iv. Team Uniform Gymnasts

- a. The South Coast colours are navy blue, lemon and lime, all accessories worn by gymnasts at a State Regional Championships should coordinate with these colours.
- b. All WAG gymnasts that are selected to represent the South Coast at a State Regional Championships are required to purchase a leotard from the South Coast Region, a deposit for the leotard is payable at the competition where the team/individual is selected, with full payment being made before the State Regional Championships.
- c. Prior to the commencement of the State Regional Championships South Coast Representative gymnasts must receive a South Coast Leotard and a South Coast tracksuit jacket provided the competition entry fee and uniform fee has been paid. (See section 6(i)(h))

- d. Following conclusion of the competition and prior to leaving the competition venue all representative gymnasts must return the South Coast leotard (if hired) and South Coast tracksuit jacket to the discipline coordinator.
 - e. Gymnasts are not permitted to purchase the South Coast tracksuit jacket unless a contrary decision is made at a meeting of the Regional Operating Committee.
 - f. Gymnasts must not wash the South Coast leotard (if hired) or South Coast Tracksuit jacket before or after use.
 - g. All hired leotards must be worn with underwear for hygiene reasons.
- v. Team Uniform Coaches**
- a. All coaches representing the South Coast at a State Regional Championships must wear the South Coast tracksuit jacket.
 - b. The South Coast jacket is available for sale to South Coast representative coaches at cost price.
 - c. South Coast jackets must be made available to coaches representing the South Coast at a Regional State Championships.
 - d. Following conclusion of the competition and prior to leaving the competition venue all coaches representing the South Coast Region must return the South Coast tracksuit jacket to the discipline coordinator.

7. Annual General Meeting/Meetings

- a. The South Coast Annual General meeting and meetings of the Regional Operating Committee must be conducted pursuant to the rules and regulations of the Gymnastics NSW Constitution.
- b. The date and venue of the South Coast Annual General Meeting shall be at a date and time agreed upon by a majority of voting delegates at a meeting of the Regional Operating Committee.
- c. The expense incurred by individuals regarding meals and refreshments purchased during the Annual General Meeting at the Annual General Meeting shall, within reason, be paid for out of the South Coast Region's finances at the conclusion of the South Coast Annual General Meeting.

8. Region Computers and Other Items

- a. The location and the name of the person in custody of the region lap top computers, perpetual trophies, dias, certificates, medals, and any other regional property shall be maintained in a region log book. It is the responsibility of the Regional Supervisor to ensure that the log is kept accurate and up to date.
- b. It is the responsibility of the person that has custody of an item mentioned in paragraph 8(a) to inform the Regional Supervisor regarding any changes in the custody or changes in location of that item.

9. Region Web site

- a. The following items must be included on the Region Web site.
 - i. List of South Coast Region Committee members.
 - ii. The contact details of the Regional Supervisor.
 - iii. List of and the contact details for all clubs that are affiliate members of Gymnastics NSW that are located within the region boundary.
 - iv. Minutes of all meetings of the Regional Operating Committee commencing with the 2003 Annual General Meeting.

- v. Results of Competitions or events.
 - vi. Names of team members selected to represent the South Coast at the State Regional Championships.
- b. If a club that is an affiliate member of Gymnastics NSW located within the Region Boundary wishes to have the results of a competition other than a competition that is conducted by the South Coast Region published on the web site, it is the responsibility of that club to provide the details of that competition to the Regional Supervisor.
 - c. A address, postal address, email address, fax or phone number can only be published on the Region web site after a "Permission To Publish Details Form" has been completed and submitted to the Regional Supervisor. It is the responsibility of the Regional Supervisor to maintain an accurate record of all "Permission to Publish Details Form's".
 - d. The "Permission to Publish Details Form" is attached as TAB A.

10. Duties

- a. Upon taking on a position on the South Coast Region committee you must supply contact details.
- b. In addition to the duties outlined in the Gymnastics NSW Regional Handbook the following duties must be performed by the;
 - i. Regional Supervisor**
 - a. Ensure that the South Coast Gymnastics Website is accurate and up to date.
 - b. Prepare a report for the South Coast Region AGM, the Gymnastics NSW Annual Report, and monthly Flic Flac reports. See the Regional Handbook for the submission of the monthly Flic Flac.
 - c. Forward a letter of congratulations and information to gymnasts selected to represent the South Coast at the State Regional Championships, the following details must be included.
 - i. Event
 - ii. Venue
 - iii. Date
 - iv. Entry fee
 - v. Arrival time
 - vi. Spectator entry fee
 - vii. Uniform (see section 6 iv)
 - viii. Competition program.
 - ii. Treasurer**
 - a. Prepare an annual report for the Region AGM pursuant to the rules and regulations for the conduct of an AGM.
 - iii. Discipline Coordinators**
 - a. Order levels badges as required from Gymnastics NSW.
 - b. Forward all competition entries.
 - c. Receive all competition entries.
 - d. Prepare competition rotations in conjunction with the Judging Coordinator.
 - e. Ensure all participation certificates, certificates, medals, trophies etc are ordered as required.
 - f. Act as competition coordinator at all competitions concerning their discipline.
 - g. Ensure all necessary music, dias, marshalling cards, and score room resources are provided and the necessary people are allocated responsibility for these tasks.

iv. Trophy Coordinator

- a. Order all trophies and medals for the South Coast Regional Championships.

11. Review

- a. These Bylaws must be reviewed annually at the Regional Annual General Meeting. Any changes to the Bylaws must be recorded in the minutes of the Annual General Meeting.
- b. In the event that the Bylaws are altered at the Annual General Meeting, the Bylaws document must be updated and the updated document circulated to all affiliate clubs that are situated within the region boundary.

TAB A

Permission To Publish Details Form

I / we _____ (name of club or individual)

agree to the following details being published on the Regional web site.

Please note, your personal home address and phone number should not be placed on the web site, therefore it is recommended that only your club's address, postal address and phone or fax number be used.

Please complete only the sections to be published leave blank if not applicable.

Name of Club or individual: _____

Position: _____

Location address: _____

Postal Address: _____

Phone No: _____

Fax No: _____

Email: _____

Website: _____

Signed: _____ Date: _____

Permission to Publish Details Forms should be forwarded to the Regional Supervisor.